

If you have concerns that someone you care for is being groomed for sexual exploitation and trafficking, here are some signs you may have noticed.

- they've met a new person online, but never in person
- they've met a new person online, who is residing in a different country
- they are planning a trip abroad that has been booked by someone else (of particular concern if it is a one way ticket)

The NSPCC\* advise that you also look out for the following:

- sudden changes in behaviour, such as spending more or less time online
- spending more time away or going missing from home or school
- being secretive about how they're spending their time, including when using online devices
- having unexplained gifts, big or small
- misusing alcohol and/or drugs
- having a friendship or relationship with a much older person
- developing sexual health problems
- using sexual language you wouldn't expect them to know
- seeming upset or withdrawn
- mental health problems

## If you have any of the above concerns about a child under the age of 18, call 999

If you have concerns about someone you care for who is above the age of 18, call us to talk it through and see how we can help on **01582 733200** 

You can also call the Modern Slavery and Exploitation helpline on **08000 121 700**